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Do Less, Get More is an insightful guide to creating focus, working smart instead of hard, pursuing meaning and, in doing these things, accomplishing more in life. Full of poignant quotes, the book is an inspiring resource that will help you evaluate whether the way you spend your time is the way you'll wish you had spent it when you look back years from now.

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The one I remember is Eat That Frog!: 21 Great Ways to Stop Procrastinating and Get More Done in Less Time that one had only one powerful advice Do

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less, Get More by Shaa Wasmund goes to the same shortlist of best books I have read on self-management. Loved her writing, advices and overall feel and look of the book.

Do Less, Get More: How to Work Smart and Live Life Your ...

How to Do Less and Achieve More. By Tiffany Dufu. Illustrations by Eleni Kalorkoti. Many women are terrified of dropping the ball: the career ball, the family ball, the friend ball. ...

How to Do Less and Achieve More - The New York Times

It seems that there's a consensus amongst productivity gurus and highly successful people: the less you do, with greater focus, the more impactful, accomplished and fulfilled you will be. 1. Do 5 ...

3 Productivity Experts Explain Why Doing Less Actually ...

In Do Less, Get More, entrepreneur and

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bestselling author Shaá Wasmund reveals that the key to fulfilment isn't doing more, it's doing what matters. Is your life how you imagined it would be, or is the reality more stressful than you planned? Do you put yourself under too much pressure to succeed?

Do Less, Get More: How to Work Smart and Live Life Your ...

Achieve More By Doing Less. Don't get addicted to busyness, or let it become a badge of honor. You can do less—and feel good about it. Christine Carter shows you how. By Christine Carter; December 23, 2015; Well-Being

Achieve More By Doing Less - Mindful

Wondering how to do more with less? The answer is leveraging skills. Learn more about maximizing your productivity with these tips!

Learn How to Do More With Less, 7 Strategies for Success

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Working less and accomplishing more isn't easy. It requires thinking creatively to find more effective ways of doing things. But first you have to be open to the possibility that your methods aren't as efficient as they could be. Once you do that you can look for ways to get more accomplished without just increasing your to-do list.

6 Rules to Work Less and Get More Accomplished

The objective is to do less, not more, but achieve more because of the choices you make. Don't fall into the trap of keeping yourself as busy as possible in order to feel good and feel productive....

Why You Should Do Less If You Want To Achieve More... | by ...

The saner and more productive approach may be to do less with more purpose and focus. Here's how, from the author, a career and life coach. For the last few decades, multitasking was part of every ...

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Ways to Get More Done by Doing Less | Reader's Digest

No, you don't get more done (you're doing less, after all), but if you do less and focus on the important stuff, you actually achieve better results, more meaningful accomplishments. This is how I'm able to work less but still write hundreds of posts a year (on various sites), create ebooks and courses, and more.

Do Less: A Short Guide : zen habits

If you are feeling overwhelmed by your 'daily to do list,' and are desperately looking for a more efficient and less stressful way to get things done, you've come to the right place! In this article, we will learn tips and tricks to achieve success while maintaining a relatively stress-free life.

Forget the to-do list. Do less, get more | Business ...

"Wasmund's Do Less, Get More is my

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guidebook on how to live a life filled with meaning.” —JAMES ALTUCHER, author of Choose Yourself and coauthor of The Power of No “Wasmund’s book serves as a wonderful reminder of the tools we can all employ to manage our ‘things to do’ in life—when you use her practical ideas, you will give yourself more time to do things you love to do.”

Do Less, Get More: How to Work Smart and Live Life Your ...

photography • an ever evolving visual journey • imperfect Travel | Lifestyle decisions • search for liveability | sustainability

Do Less Get More Done

To help you do this, I invite you to print out the free Do Less and Live More Workbook and fill out the pages for Project #1. Tracking how we spend our days is a simple exercise that can make a huge difference.

6 Ways to Do Less, Live More, (and

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More importantly, you can hear the joy in his voice wherever he goes. I want that. I know from experience that “push” will wear you out. I’m ready to try “work less to do more.” Are you ...

Work Less. Do More. | SUCCESS

Sometimes, less is more and busier is not always better. A year later, I'm here to report from the other side that I wish I had been less scared to get off the treadmill and start sooner.

5 Ways to Do Less and Get More Done - Entrepreneur

How to do less and get more done: Arne Sigurd Rognan Nielsen at TEDxTrondheim - Duration: 19:02. TEDx Talks 161,914 views. 19:02. How to Do Less and Receive Way More - Duration: 1:04:29.

Do Less Get More

Just as important but not as obvious are these four game plans to do less to get

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more: Design with room to breathe. Dry-climate plants offer a cornucopia of possibilities. Agaves or aloes in a gravel bed, or live oaks or olive trees unadorned with small plants, can be stunning. And cost and water use is much less than older-style dense designs.

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